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COST OF LIVING

An easy and clear guide to understand the cost of living in Prague
and the Czech Republic. Created for you by the ReloCare team!

RELOCARE

INTERESTING FACTS

Czech Republic is a European Union member, however it is outside the Eurozone.

10,526,937
million

Population of the Czech Republic
out of which 1.3 million live in Prague
(30. 9. 2022)

→ 10 %

out of which are expats *
(30. 9. 2022)

5,98 mil.

Tourists in Prague in 2022

6,800,000 tourist in 2019
(pre-Covid)

CZK

The Czech currency is the Czech Crown
(Symbol: CZK, known also as Kč)

1 € = 23,53 CZK **
(3 / 2023)

* Source: Czech Statistical Office.

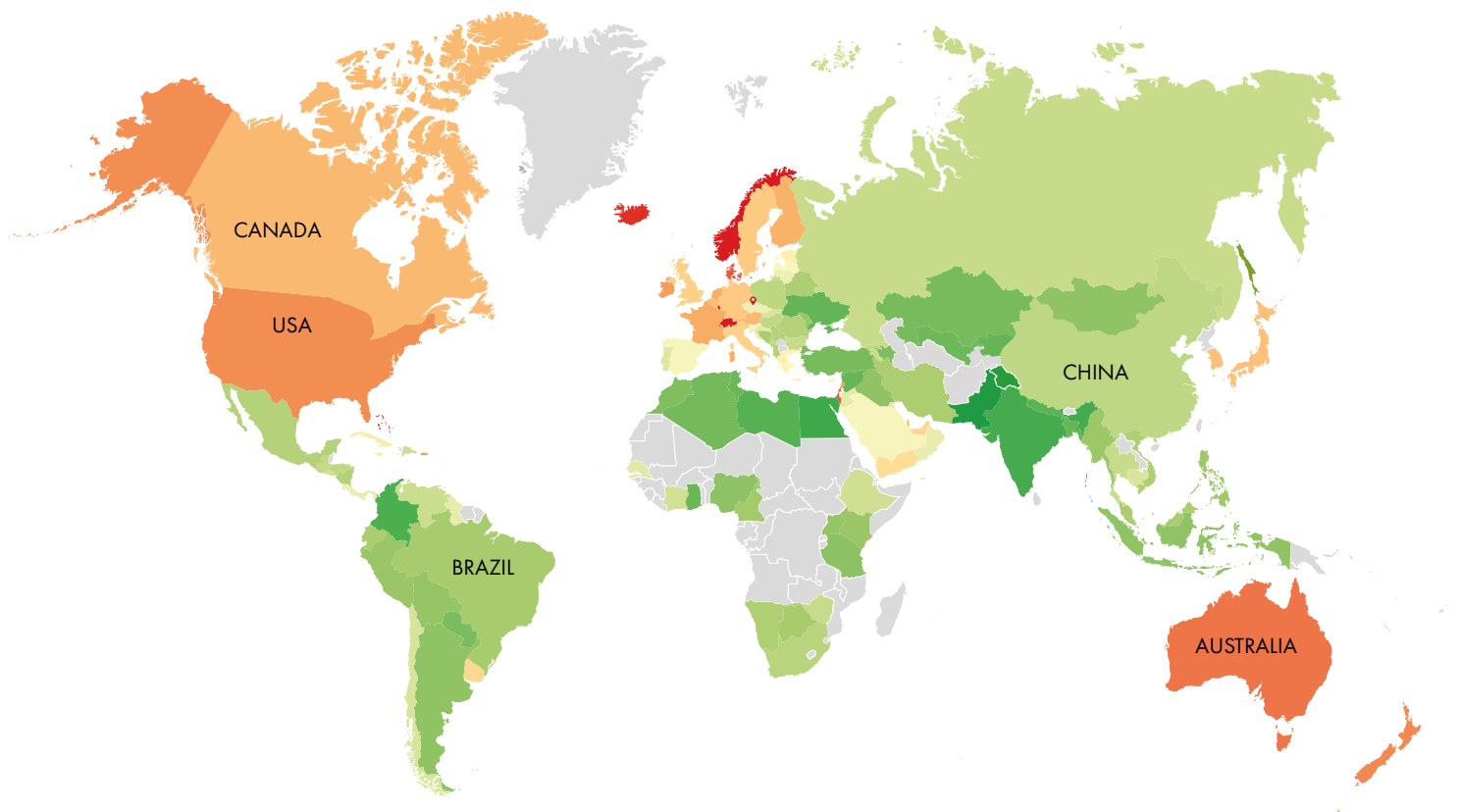
** September 2022.

EXPAT CITY RANKING 2022: PRAGUE IS THE 21ST BEST CITY IN THE WORLD FOR EXPATS AND AMONGST THE TOP 10 BEST CITIES IN EUROPE!

As part of the Time Out survey, participants were asked to rate more than 25 different aspects of urban life abroad on a scale of one to seven. The rating process emphasized respondents' personal satisfaction with these aspects. In total, the responses used for the city ranking represent over 27,000 expats living in 82 countries.

COST OF LIVING IN OTHER COUNTRIES WORLDWIDE

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WORLD MAP

2023, www.numbeo.com/cost-of-living/rankings_by_country.jsp

COST OF LIVING IN EUROPE

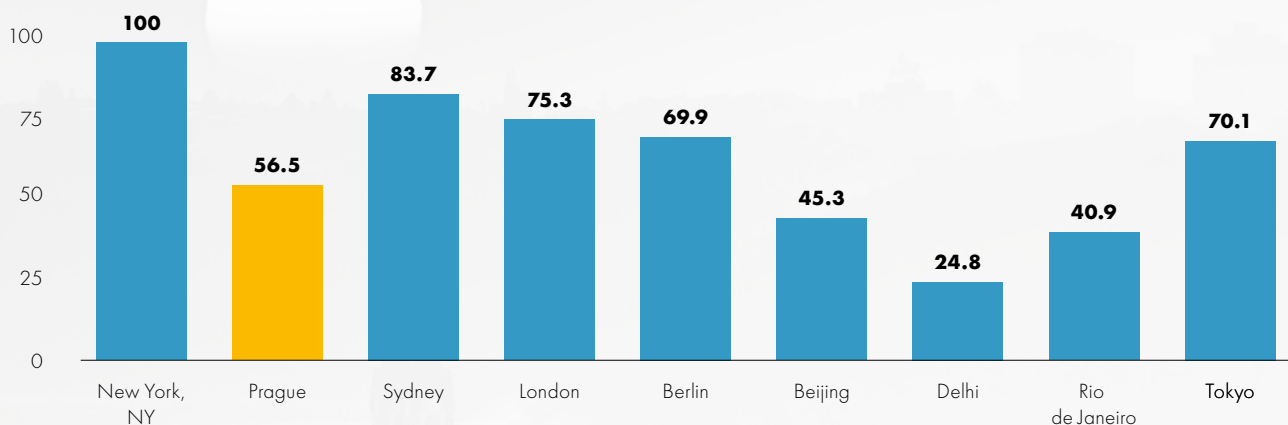
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EUROPE



COST OF LIVING IN PRAGUE – FACTS

Cost of Living Index (Current, By City)



www.numbeo.com/cost-of-living

The average gross
salary
in the Czech Republic is
43,412 CZK in ČR
48,712 CZK in Prague



Prague
Cost of living index
56.46
and
rank 271
out of 540 cities in the world

A single person
monthly costs:
18,776
without rent

KEY COSTS IN PRAGUE

 <p>Cinema ticket 219 CZK</p>	 <p>1 liter of milk 26 CZK</p>	 <p>Premium Gym Membership 1,200 CZK / month</p>
 <p>Public transport pass 550 CZK / month</p>	 <p>Rent 27,000 CZK (1 bedroom, well-located)</p>	 <p>Internet 50 Mbps 540 CZK / month</p>
 <p>Utilities 6,600 CZK* / month (based on 2 people, 60 sqm flat)</p>	 <p>Bread 35 CZK</p>	 <p>Cell phone service 800 CZK** / month</p>

* Estimated.

** Unlimited plan + data.

TIPS FOR SAVING LIKE A PRAGUE LOCAL



PUBLIC TRANSPORT

Prague's extensive public transport system can save you both time and money. It is safe, efficient and can be faster than traveling by car. A yearly all-inclusive pass costs only CZK 3,650. This pass also allows you to use the pink city bikes [Rekola](#) twice a day for 15 minutes!



FOOD

Avoid the city center and dine at your local cafes and pubs instead. Expect daily lunch menus with balanced meals for around CZK 150–200.

On weekends, buy fresh produce and meat at [farmers markets](#). The best ones are at Náměstí Jiřího z Poděbrad (Wed – Sat), Kulařík (Sat) or Náplavka (Sat). Expect a friendly atmosphere, fresh delicacies and coffee, often live music – these are also a great place to meet locals!

When it comes to groceries, you can save money by shopping in bigger supermarkets rather than the “express” versions in the city center. Try Kaufland, Lidl, or Penny Market and grab a loyalty card to collect points and redeem vouchers. On-line deliveries are very popular these days, however they are more expensive.

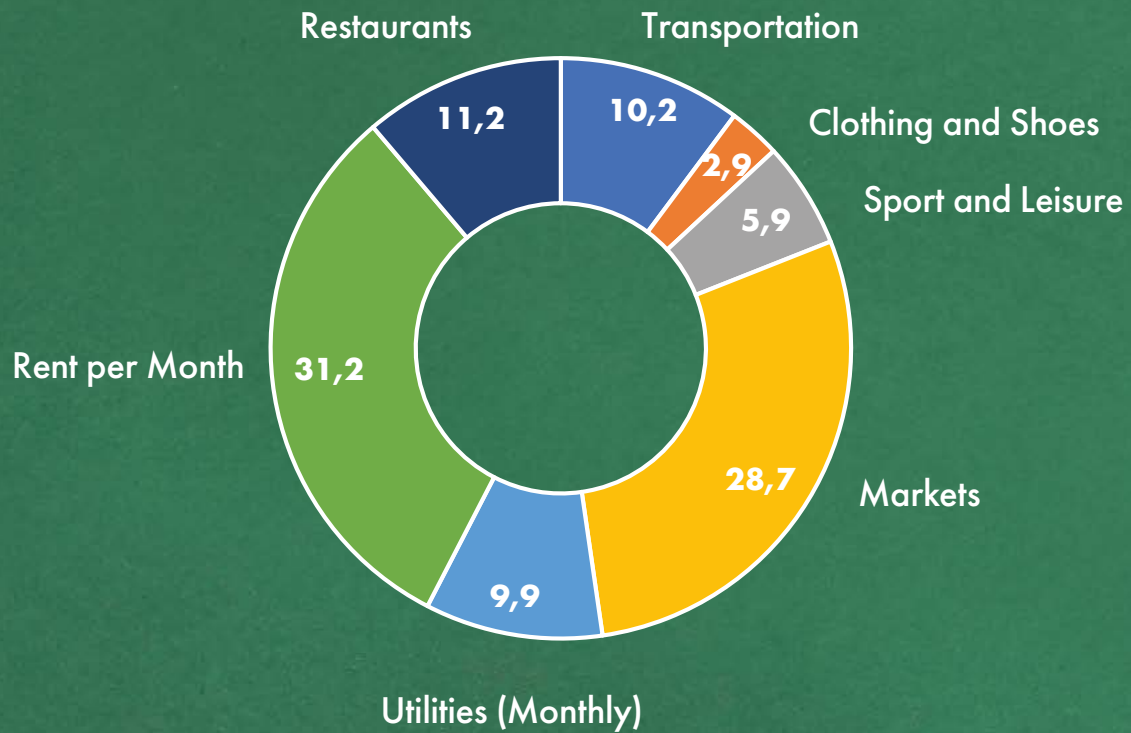


SECOND HAND SHOPPING

Czech people love bargains, and Prague is getting saturated with second hand and vintage stores. Check out this [neighborhood thrift shop guide](#). For online pre-loved clothes, sign-up to [Vinted](#) – here you can buy and sell used clothes and accessories. For electronics, toys or furniture, check out Facebook marketplace, or Czech second hand sites [Sbazar](#) and [Bazos](#).

Be cautious of scammers – we recommend never sharing your contact details with strangers and only processing payments through the official websites or finding a way to meet and exchange cash.

DISTRIBUTION OF EXPENSES



COST OF LIVING – FOOD AND TRANSPORT



TRANSPORT

30 min. public transport ticket	30 CZK
24 h public transport ticket	120 CZK
Monthly public transport pass	550 CZK
Taxi trip, basic tariff, 8 km	252 CZK

1 liter of petrol / diesel	38 CZK
Parking in the city centre	30 – 80 CZK/hour
Yearly parking permit	1,200 CZK
ŠKODA Octavia 1,5 TSi, 110 kW	692,000 CZK

GROCERIES

1.5 liter bottle of water	16 CZK
0.5 liter bottle of local beer	22 CZK
1 kilo of potatoes	22 CZK
1 liter of whole fat milk	26 CZK
1 kilo of apples	40 CZK
Loaf of bread	35 CZK
1 kilo of tomatoes	74 CZK
Slice of pizza city centre	50 CZK
12 regular eggs	70 CZK
Bottle of wine (mid range)	150 CZK
1 kilo chicken breasts	201 CZK
1 kilo salmon	500 CZK

WINE & DINE

CITY CENTER / OUTSIDE THE CITY CENTER

One-course meal	230 CZK	150 CZK
Meal for 2, inexpensive	890 CZK	580 CZK
One cocktail	190 CZK	100 CZK
0,5 liter glass of beer	50 CZK	33 CZK
One glass of wine	70 CZK	40 CZK
Cappuccino	85 CZK	55 CZK
Basic lunchtime menu	160 CZK	130 CZK

CZECH CULTURE FACTS

EASY-GOING

Three in four Czechs are easy going when it comes to their well-being in relationships, work and at home.

CYCLING

Whether in city parks or on weekend getaways, Czechs love to cycle. Almost 40 % of Czechs choose cycling as their most common free-time sport, making the Czech Republic rank third in free-time cycling popularity after Hungary and Denmark.

CHALUPA CULTURE

Czechs like to relax at their traditional “chata” or “chalupa” – an old-fashioned cabin in the countryside where they spend most weekends relaxing and gardening.

BEER

Most bike trips lead to “hospoda” – pubs! The record-high beer consumption certainly keeps Czechs happy. An average Czech drinks about 5.5 beers every week. After the USA and Germany, the Czech Republic is the third biggest hops producer in the world.

COST OF LIVING

HOUSING

Monthly rent (utilities excluded)	CZK
city centre (studio, unfurnished)	25,000 – 34,000
outside of the city centre (1 bedroom)	20,000 – 36,000
city centre (2 bedrooms)	30,000 – 60,000
outside of the city centre (2 bedrooms)	25,000 – 55,000
Utilities (heating, electricity, gas, water) (based on 2 people, 60 sqm flat)	5,000 – 6,600 /month*
(based on family of 4, 100 sqm modern flat)	7,000 – 10,000 /month
3 liter of laundry detergent	235
Cleaning help	200 – 400 /hour
Foreign-language speaking babysitter	200 – 280 /hour
Home connection for security	900 /month
Czech state children nursery	500 /month
International school	20,000 – 45,000 /month
Czech language lesson (one to one)	400 – 600 /hour

* Estimated



VARIOUS CATEGORIES

MEDIA

Mobile phone contract:

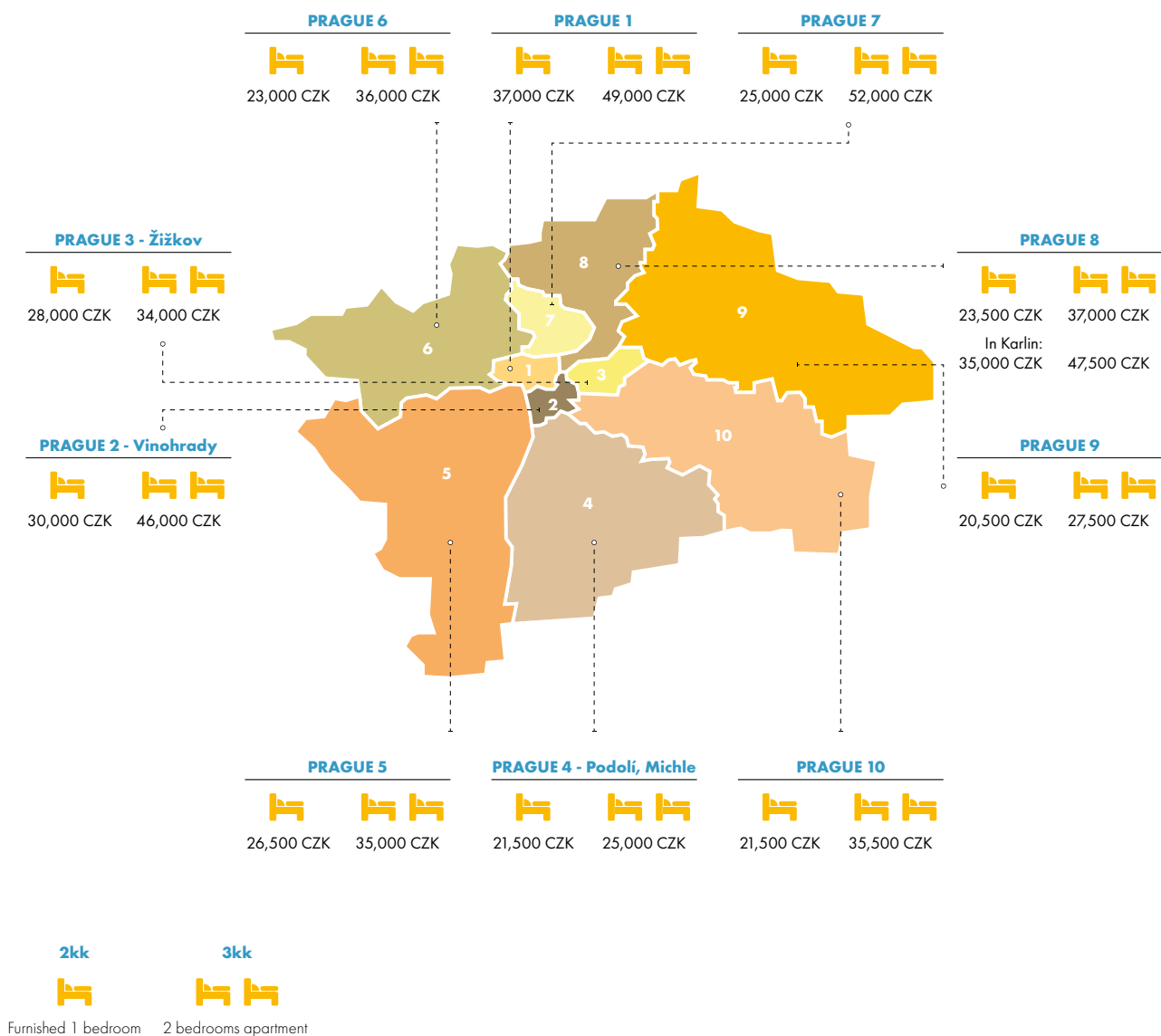
500 CZK/month (unlimited texts + calls, limited data)	
800 CZK/month (unlimited texts + calls, unlimited data)	
Cable TV (100 channels)	399 CZK/month
Internet (50 Mbps)	500 CZK/month

LEISURE & ENTERTAINMENT

Cinema ticket for 2	438 CZK
Premium gym membership	1,200 CZK/month
Ballet (balcony seat)	500 CZK
Bowling after 18:00	400 CZK/hour
Pop concert (standing ticket)	1,500 CZK
Barber	700 CZK
Hairdresser (colour & cut)	4,500 CZK
Public swimming pool	120 CZK/hour adult
Kids indoor playcentre	250 CZK/unlimited



COST OF LIVING – HOW MUCH DOES IT COST TO RENT IN PRAGUE?



THE BIG MAC INDEX

HOW MANY BURGERS
YOU CAN GET IN EACH
COUNTRY WITH 50 \$



Source: www.statista.com

PRE-ARRIVAL CALL

All You Need to Know Before Moving to the Czech Republic

Prepare yourself for relocating to the Czech Republic.
Learn everything you need to know before your move
from an experienced local.

This online one-to-one appointment is designed to cover
a wide range of topics such as:

- Rental market in Prague
- Medical care and insurance
- Cars and permits
- International schools and children's education
- Lifestyle and networking

And many more subjects and insider tips!

Book your call today and get one step closer to a smooth relocation
to the Czech Republic!

Price: 205 € Duration: 90 min. + Q+A session

*Let me share my experience and knowledge with you
as the ReloCare Founder and Managing Director since 2008.*

*I have been an expat in the Czech Republic for over 20 years,
an entrepreneur, a mother, a dog owner and in my past also
a student. I am sure I can contribute to making your relocation
stress-free and a happier journey!*

*Book a Pre-Arrival Call with me and I will guide you through
the steps with care and in a friendly manner.*

Dana Pick



BOOK YOUR
PRE-ARRIVAL CALL
TODAY

RELOCARE

